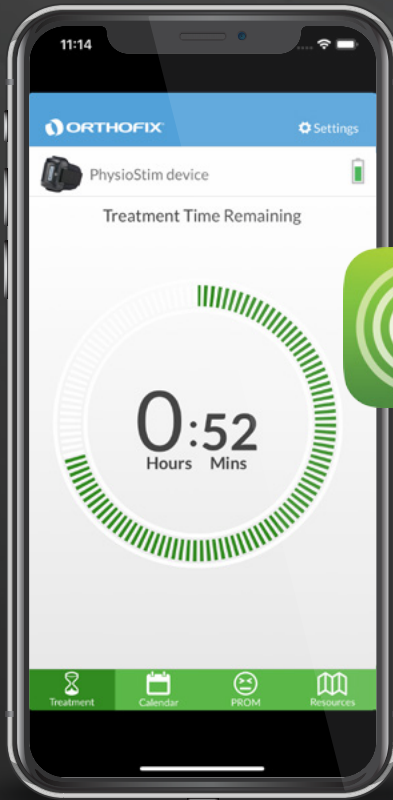


Instruction Guide



STIM onTrack™
Mobile App

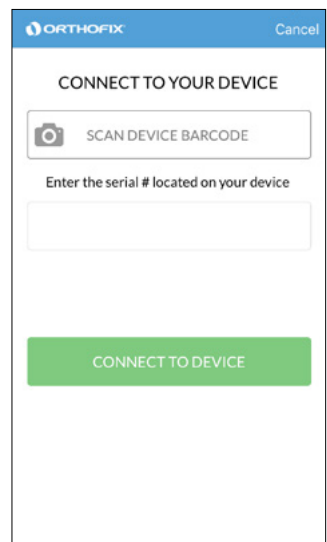
About STIM onTrack

The STIM onTrack™ mobile app is a patient friendly accessory available for you to use with your Orthofix Bone Growth Therapy device. The app encourages you to adhere to treatment sessions prescribed by your physician. It features a daily treatment reminder and a device usage calendar to help you take an active role in your bone healing recovery. Studies show that patients who are more involved with their follow-up care have an overall better recovery experience and outcomes. At the time of device delivery, your Orthofix representative will help you download the application to your mobile device.

Connecting the STIM on Track App to Your Bone Growth Therapy Device

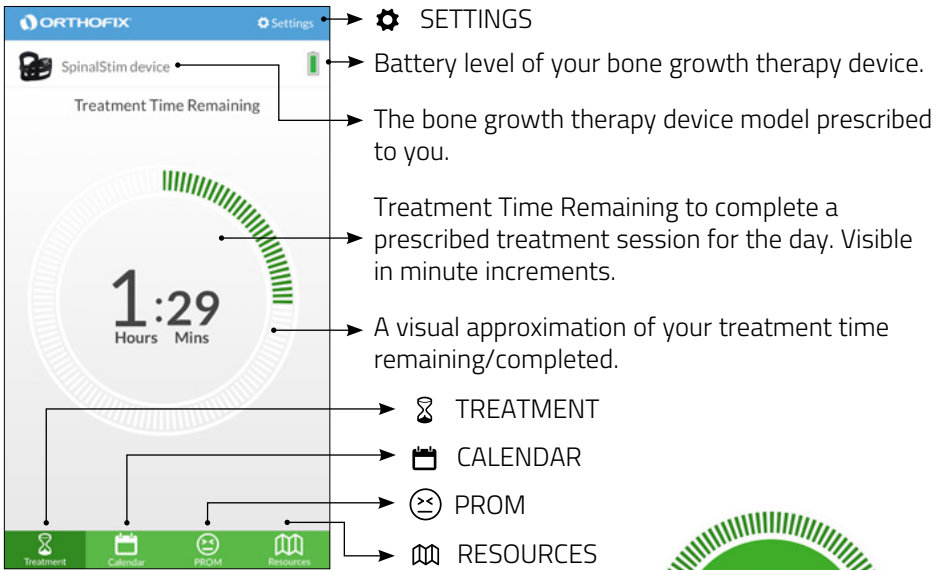
In order for the STIM onTrack mobile app to connect to your bone growth therapy device, the device must be on and providing a treatment or charging the battery.

1. The first time you launch (open) the STIM onTrack mobile app, you will be prompted to 'Connect to Your Device'.
2. Scan the serial number barcode on your bone growth therapy device by pressing the button 'Scan Device Barcode' or by manually typing in the numbers in the open text box.
3. Push the 'Connect to Device' button. The appearance of the Treatment Screen is an indication that the device has paired with the app successfully.



▲ Note: The Orthofix STIM onTrack mobile app is supported on iOS and Android devices. The bone growth therapy device will not communicate with any other device or app other than the official Orthofix STIM onTrack app from Orthofix available on the Apple App Store and Google Play Store.

▲ Note: Bluetooth® on your smartphone or tablet must be turned on.



Treatment Notifications

Treatment Completion

Once you have finished your treatment for the day, this message will appear on your STIM onTrack app while the device is automatically shutting off.



Device Not Connected

This message will appear when your bone growth therapy device is not connected to the STIM onTrack app.



Low Device Battery

If at any point during your treatment the device battery is low, this message will appear on your STIM onTrack app.



Calendar Tab

The Calendar Tab on the STIM onTrack App shows the duration of time you have worn the device beginning with the initial treatment day. This information is visible by:

- **Calendar overview**
- **Daily treatment details**
- **Patient usage data summary**

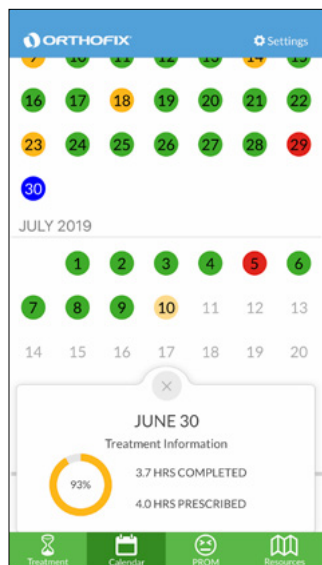
Calendar Overview

During daily treatment, while the app is open, you will notice a light yellow circle highlighting the current day on the calendar. Once the prescribed treatment for the day is completed, the circle will change from light yellow to light green.

Once a date on the calendar has passed and/or the bone growth therapy device has been turned on and connected to the app, a dark circle will highlight the date to indicate a full, partial or no treatment for that day.

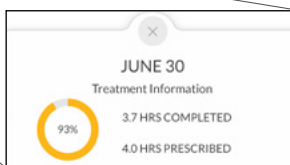
Calendar Color Key:

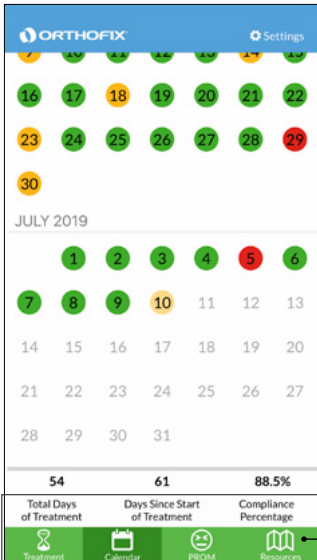
- Current Day (prior to treatment)
- Day Selected to Review Details
- No Treatment Completed
- Partial Treatment Completed (same day)
- Completed Full Treatment (same day)
- Partial Treatment Completed
- Completed Full Treatment



Daily Treatment Details

When you select a date on the calendar, the Daily Treatment Information will appear. It will display a summary of how many hours you used the device in comparison to the treatment hours prescribed by your physician. The number you see on the Treatment Information gives the percentage of time the device was worn compared to the prescribed time.





Patient Usage Data Summary

Total Days of Treatment – The number of days you have worn the device for the full prescribed time.

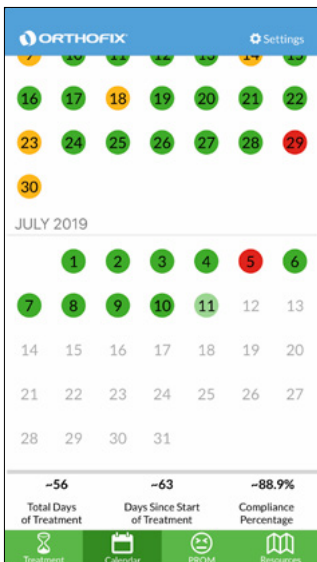
Days Since Start of Treatment – The total number of days you have had the device to wear for treatment.

Compliance Percentage – The percentage of days you have fully completed the prescribed treatment compared to the number of days since the start of treatment.

The patient usage data will be synced to the STIM onTrack app each time that the bone growth therapy device is on for treatment or charging as long as the paired mobile app is open and in close proximity.

⚠ Note: This section will show an approximate calculation if you complete the current day treatment with the app open.


⚠ Note: The calendar functions by scrolling up and down for an Apple device and side to side for an Android device.



PROM Tab

The PROM Tab on the STIM onTrack Mobile App includes Patient Reported Outcome Measure questionnaires which enable you to share the status of your quality of life and functional status to your prescribing physician. These questionnaires are validated tools that are widely used by healthcare providers. The responses may be used by your healthcare provider to assist in understanding your current overall recovery status.*

The questionnaire available to complete is dependent on your type of bone growth therapy device prescribed for use.

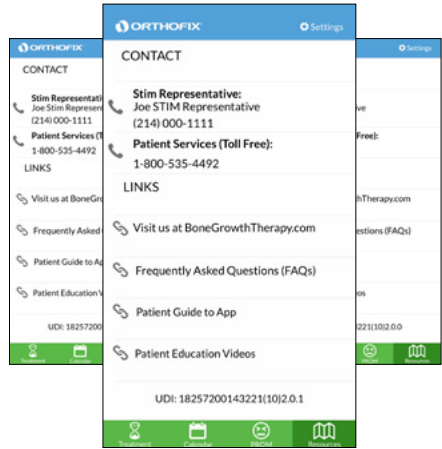


The image displays three screenshots of the Orthofix mobile application, each showing the 'Patient Reported Outcome Measures' section. Each screenshot is annotated with an arrow pointing to a specific questionnaire card.

- Top Screenshot:** Shows a single questionnaire card for the 'Neck Disability Index'. An arrow points from this card to the text: 'If the CervicalStim™ device is prescribed, the Neck Disability Index (NDI)¹ is available.'
- Middle Screenshot:** Shows a single questionnaire card for the 'Oswestry Low Back Pain Disability Index'. An arrow points from this card to the text: 'If a SpinalStim™ device is prescribed, the Oswestry Disability Index (ODI)² is available.'
- Bottom Screenshot:** Shows two questionnaire cards: 'Upper Extremity Functional Index' and 'Lower Extremity Functional Scale'. An arrow points from the top card to the text: 'If a PhysioStim™ device is prescribed, the Upper Extremity Functional Index (UEFI)³ and the Lower Extremity Functional Scale (LEFS)⁴ is visible. The location of your nonunion fracture will determine which questionnaire is applicable.'

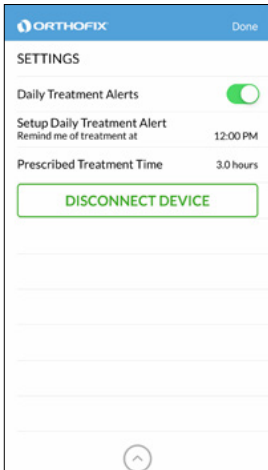
Resource Tab & Settings

The Resources Tab displays contact information and website links to helpful information for patients. The contact phone numbers are one-touch calling on your smartphone and give you the ability to contact your Orthofix Sales Representative or Patient Services.



Settings and Treatment Reminders

The Settings are accessible through any screen within the STIM onTrack App. You are able to setup a daily treatment reminder and view your daily prescribed treatment time. The reminder can be setup at any time of day in order to remind you to complete your prescribed treatment.



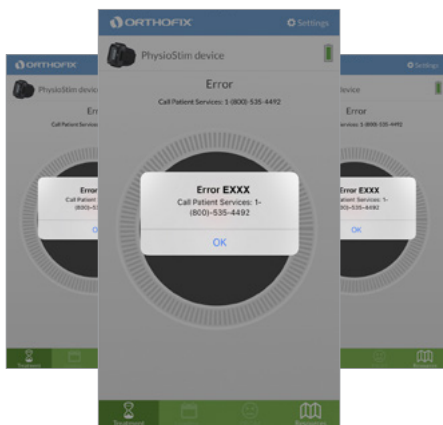
- **Done** – Exit out of Settings Tab
- **Daily Treatment Alerts** – Slide the button to setup a daily treatment reminder.
- **Time of the daily Treatment Reminder** – Display of current reminder settings.
- **Prescribed Treatment Time** – Number of hours your physician has prescribed.
- **Management Mode** – Settings used only by an authorized Orthofix Representative.

⚠ Note: If you completed a full daily treatment session prior to the time of the reminder, the reminder will not alert you to treat as long as the STIM onTrack app was in use during the time of treatment completion.

⚠ Note: Changes to the prescribed time will effect compliance in the following calendar day.

Device Error Messages

The Error Message means that your bone growth therapy device is not functioning properly. Please contact Patient Services at 800-535-4492. Your Patient Services Reps will ask for the Error Code, which begins with the letter E and is followed by 3 digits. This code allows the Patient Services Rep to determine why your bone growth therapy device is not functioning properly.



1. Vernon, H. & Mior, S. (1991). The Neck Disability Index: A study of reliability and validity. *Journal of Manipulative and Physiological Therapeutics*. 14, 409-415.
2. Fairbank JC, Pynsent, PB. (2000). The Oswestry Disability Index. *Spine*, 25(22): 2940-2953.
3. Stratford PW, Binkley, JM, Stratford DM (2001): Development and initial validation of the upper extremity functional index. *Physiotherapy Canada*. 53(4):259-267.
4. Binkley et al (1999): The Lower Extremity Functional Scale (LEFS): Scale development, measurement properties, and clinical application. *Physical Therapy*. 79:371-383.

* Information collected via the STIM onTrack mobile app is not intended for the diagnosis of disease or other conditions, or the cure, mitigation, treatment or prevention of disease.

STIM onTrack™ Mobile App Patent No. U.S. 10,238,867

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